COGNITIVE PROCESSING DURING TRAUMA

CHARACTERISTICS OF TRAUMA / SEQUALAE / PRIOR EXPERIENCES / BELIEFS / COPING / STATE OF INDIVIDUAL

**ELABORATE**

Persistent PTSD

NEGATIVE APPRAISAL OF TRAUMA AND / OR ITS SEQUALAE

**IDENTIFY & MODIFY**

MATCHING TRIGGERS

**DISCRIMINATE**

STRATEGIES INTENDED TO CONTROL THREAT / SYMPTOMS

**GIVE UP**

NATURE OF TRAUMA MEMORY

CURRENT THREAT

Intrusions

Arousal Symptoms

Strong Emotions

**REDUCE**